

Student Name: _____ Grade: _____
 Teacher/Staff Contact Person: _____ Date of IHP: _____ Review Date: _____
 Secondary Health Concerns: _____

Sample Individualized Healthcare Plan – Food Allergy Management

Goal: Student will have an integrated appropriate allergy management regimen during the school day with a focus on prevention. School personnel will be prepared and trained to respond in an emergency medical situation.

| INTERVENTIONS | IMPLEMENTED DATE & INITIAL | EVALUATION or OUTCOME INDICATORS (Circle & Date) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|----------------------------|---|--------------------|---|---------------------------|--|--|---|---|---|---|---|--------------------|--|---------------------------|--|--|---|---|---|---|---|-------|--|--------------|--|--|---|---|---|---|---|
| <p>Food Allergy Management at School</p> <ul style="list-style-type: none"> ▪ Food Allergen – Signs and Symptoms <ul style="list-style-type: none"> ○ Assist student to recognize symptoms of an allergic reaction and encourage him/her to access appropriate care and medications when needed. Show respect for self-management and self-determination. ▪ Maintain individual school health record to note allergy information from healthcare provider and exposure at school <ul style="list-style-type: none"> ○ Document original diagnosis ○ Document each episode of allergic reaction ○ Document any medications given ▪ Provide instruction to student and staff on prevention measures and emergency response <ul style="list-style-type: none"> ○ Provide appropriate guidance in creating a safe classroom and school environment to minimize the risk of exposure to food allergens. <ul style="list-style-type: none"> • Alert classroom teacher to request alternative snacks from parent ○ Provide faculty with presentation related to food allergy management. ○ Work with Food Service personnel <ul style="list-style-type: none"> • Determine if food allergic food is served | | <p>Student Health Needs and Responses</p> <p>Parent participation in health needs – Provides for child’s physical needs Provides needed medical information, medical orders and medication to school</p> <table border="1" data-bbox="1117 613 1669 716"> <tr> <td align="center" colspan="2">Never demonstrated</td> <td align="center" colspan="3">Consistently demonstrated</td> </tr> <tr> <td align="center">1</td> <td align="center">2</td> <td align="center">3</td> <td align="center">4</td> <td align="center">5</td> </tr> </table> <p>Student self-care - Student recognizes symptoms and self-manages food allergy well</p> <table border="1" data-bbox="1117 813 1669 915"> <tr> <td align="center" colspan="2">Never demonstrated</td> <td align="center" colspan="3">Consistently demonstrated</td> </tr> <tr> <td align="center">1</td> <td align="center">2</td> <td align="center">3</td> <td align="center">4</td> <td align="center">5</td> </tr> </table> <p>The following records are up to date, accurate and legible:</p> <ul style="list-style-type: none"> • Cumulative Health Record, Student Visit Record • Allergy Action Plan (Emergency Care Plan) • Medication Record <table border="1" data-bbox="1117 1078 1669 1148"> <tr> <td align="center" colspan="2">Never</td> <td align="center" colspan="3">Consistently</td> </tr> <tr> <td align="center">1</td> <td align="center">2</td> <td align="center">3</td> <td align="center">4</td> <td align="center">5</td> </tr> </table> <p>Prevention measures that allow student to fully access educational program</p> <ul style="list-style-type: none"> • Faculty and staff has been trained to reduce accidental exposures to allergens • Faculty and staff is willing and has been trained to respond to an anaphylactic emergency • Faculty and staff has alternative foods in classroom for curricular and celebration use | Never demonstrated | | Consistently demonstrated | | | 1 | 2 | 3 | 4 | 5 | Never demonstrated | | Consistently demonstrated | | | 1 | 2 | 3 | 4 | 5 | Never | | Consistently | | | 1 | 2 | 3 | 4 | 5 |
| Never demonstrated | | Consistently demonstrated | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | 2 | 3 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Never demonstrated | | Consistently demonstrated | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | 2 | 3 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Never | | Consistently | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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|--|---|---|-------|---------------------------|--|--|--------------|---|---|---|---|---|--------------------|--|--|--|---------------------------|---|---|---|---|---|--------------|--|--|--|-----------------------|---|---|---|---|---|
| <p>in cafeteria</p> <ul style="list-style-type: none">• Avoid cross-contamination with allergen• Establish safe environment for all students <p>○ Develop emergency protocols (and initiate care as needed) that include: accessing emergency care at school, as well as EMS as needed, medication protocols (including orders from healthcare provider)</p> <ul style="list-style-type: none">• Check medications for dosage and expiration dates• Counsel student if self-carrying medication <p>○ Develop student specific Emergency Care Plan that outlines emergency care to school staff, including teachers, support staff, food service staff, custodial staff, transportation staff</p> <p>▪ Instruct staff in epinephrine administration as appropriate.</p> <ul style="list-style-type: none">○ Follow student's Emergency Care Plan at onset of symptoms○ Address specific issues that may be present for field trips and other educational activities that occur at an off campus location including box lunches, food options.○ Have plan in place in the event that the nurse is not available <p>▪ Implement organizational changes to facilitate shared decision making for self-management of chronic illnesses.</p> | | <p>Faculty has been instructed in food allergy management</p> <table border="1"><tr><td>Never</td><td colspan="3"></td><td>Consistently</td></tr><tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr></table> <p>Food Service Personnel make appropriate accommodations for student with food allergy</p> <ul style="list-style-type: none">• Substitutions are available as needed• Accommodations are made to prevent cross-contamination during food preparation• Student is protected from exposure in cafeteria while not being socially isolated <table border="1"><tr><td>Never demonstrated</td><td colspan="3"></td><td>Consistently demonstrated</td></tr><tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr></table> <p>Policies and procedures are in place in school to address the following concerns:</p> <ul style="list-style-type: none">• Emergency medication availability, storage and administration• Student may self-carry if student is responsible and policy is in place• Accommodations necessary on field trips or during extra-curricular activities• Plan in place in the event that the nurse is not available <table border="1"><tr><td>Not in place</td><td colspan="3"></td><td>Consistently employed</td></tr><tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr></table> | Never | | | | Consistently | 1 | 2 | 3 | 4 | 5 | Never demonstrated | | | | Consistently demonstrated | 1 | 2 | 3 | 4 | 5 | Not in place | | | | Consistently employed | 1 | 2 | 3 | 4 | 5 |
| Never | | | | Consistently | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| <ul style="list-style-type: none">▪ Plan and prepare for building evacuations and other emergency responses to provide care to students with allergies.<ul style="list-style-type: none">○ Have medication available in all settings○ Have medical orders available○ Have parent contact information available at all times. | | |
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